

Weekly Creative Prompt — Week 2

“A Small Light”

Explore how light appears in ordinary moments — a lamp, a window, a memory, or a feeling that quietly steadies you.

Choose one (or mix two):

- Write 5 sentences that begin with: *“Light found me when...”*
- Describe one object that changes in warm light.
- Sketch a tiny scene with a single light source.
- Write a short poem about warmth, hope, or gentleness.

Reflection (optional):

- Where did I notice light this week?
- What felt heavy — and where was the light inside it?
- What small thing do I want to carry into next week?